

**Christina J. Matz**  
**Curriculum Vitae**

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2021–2026 **R01, National Institute of Minority Health and Health Disparities  
(NIH/NIMHD 1R01MD015729-01A1) (\$3,030,584)**  
Co-Investigator (PI's: R. Levine Coley & S. Teixeira), *Project title:*  
Targeting Health Disparities through Housing Redevelopment: A Natural  
Experiment of Housing Quality, Stability, and Economic Integration.

2021–2022



- 2018            **MatherLifeWays Institute on Aging Innovative Research on Aging Award, Silver Award Recipient**
- 2017-2018    **Teaching Excellence Award, Boston College School of Social Work**
- 2016-2017    **Mentor of the Year, Doctoral Program, Boston College School of Social Work**
- 2016-2017

**Seminar**

Semester-long program for faculty focused on inclusive classroom practices and social justice pedagogies, including classroom climate and student belonging, difficult dialogues, and inclusive course design.

- 2016-2017     **Sloan Research Network on Aging & Work Fall Institute**  
Competitively selected, fully funded institute and working group aimed at developing a grant proposal or publication in the area of aging & work, Harvard University, Cambridge, MA.
- 2014           **John A. Hartford Interdisciplinary Communications Institute**  
Competitively selected, fully-funded 2-day institute for faculty on developing effective communication skills and strategies for working with the media to disseminate research, Chicago, IL.
- 2013-2014    **Early Career Work and Family Scholars Career Development and Mentorship Program**  
Competitively selected year-long career development and mentorship program for faculty; funded travel to Work and Family Researchers Network (WFRN) conference.
- 2013           **Stanford Faculty Development Center for Medical Teachers' Teaching Institute**  
Competitively selected, fully-funded 5-day institute for social work faculty on developing effective teaching strategies for aging curriculum,



13. Ludlow, L., **Matz-Costa, C.**, & Klein, K. (2019). Enhancement and validation of the Productive Engagement Portfolio-Scenario (PEP-S8) Scales. *Measurement and*



24. Sabbath, E.L., **Matz-Costa, C.**, Rowe, J.W., Leclerc, A., Goldberg, M. & Berkman, L.F. (2016). Social predictors of active life engagement: A time-use study of young-old French adults. *Research on Aging*, 38(8), 864-893. PMID: 26449627 DOI: 10.1177/0164027515609408
25. **Matz-Costa, C.**, Carr, D., McNamara, T., & James, J. (2016). Physical, cognitive, social, and emotional mediators of activity involvement and health in later life. *Research on Aging*, 28(7), 791-815. PMID: 26429863 DOI: 10.1177/0164027515606182
26. Sweet, S., Sarkisian, N., **Matz-Costa, C.**, & Pitt-Catsoupes, M. (2016). Are women less career centric than men? Structure, culture and identity investments. *Community, Work and Family*, 19(4), 481-500. DOI: 10.1080/13668803.2015.1078287
27. Carr, D., King, K., & **Matz-Costa, C.** (2015). Parent-Teacher Association, soup kitchen, church, or the local civic club? Life stage indicators of volunteer domain. *International Journal of Aging & Human Development*, 80(4), 293-315. PMID: 26342022 DOI: 10.1177/0091415015603608
28. Gonzales, E., **Matz-Costa, C.**, & Morrow-Howell, N. (2015). Increasing opportunities for the productive engagement of older adults: A response to population aging. *The Gerontologist*, 55(2), 252-261. PMID: 26035601 DOI: 10.1093/geront/gnu176
29. Pitt-Catsoupes, M., James, J., & **Matz-Costa, C.** (2015). Workplace-based health and wellness programs: The intersection of aging, work, and health. *The Gerontologist*, 55(2), 262-270. PMID: 26035602 DOI: 10.1093/geront/gnu114
30. Besen, E., **Matz-Costa, C.**, James, J., & Pitt-Catsoupes, M. (2015). Factors buffering against work overload: How does age matter? *Journal of Applied Gerontology*, 34(1) 73–101. DOI: 10.1177/0733464812460430
31. Ludlow, L., **Matz-Costa, C.**, Johnson, C., Brown, M., Besen, E., & James, J. (2014). Measuring engagement in later life activities: Rasch-based scenario scales for work, caregiving, informal helping, and volunteering. *Measurement and Evaluation in Counseling and Development*, 47(2), 127-149. DOI: 10.1177/0748175614522273  
**Won the AARC/MECD Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation**
32. **Matz-Costa, C.**, Besen, E., James, J., & Pitt-Catsoupes, M. (2014). Differential impact of multiple levels of productive

33. **Matz-Costa, C.**, James, J., Ludlow, L., Brown, M., Besen, E., & Johnson, C. (2014). The meaning and measurement of productive engagement in later life. *Social Indicators Research*, 118(3), 1293-1314. DOI: 10.1007/s11205-013-0469-6
34. Ollier-Malaterre, A., McNamara, T., **Matz-Costa, C.**, Pitt-Catsouphes, M., & Valcour, M. (2013). Looking up to regulations, out at peers or down at the bottom line: How institutional logics affect the prevalence of age-related HR practices. *Human Relations*, 66(10), 1373-1395. DOI: 10.1177/0018726713478244
35. Besen, E., Brown, M., **Matz-Costa, C.**, Smyer, M., & Pitt-Catsouphes, M. (2013). Job characteristics, core self-evaluations, and job satisfaction: What's age got to do with it? *International Journal of Aging and Human Development*, 76(4), 269-295. PMID: 23855183 DOI: 10.2190/AG.76.4.a
36. McNamara, T.K., Pitt-Catsouphes, M., **Matz-Costa, C.**, Brown, M., & Valcour, M. (2013). Across the continuum of satisfaction with work-family balance: Work hours, flexibility-fit, and work-family culture. *Social Science Research*, 42(2), 283-298. PMID: 23347476 DOI: 10.1016/j.ssresearch.2012.10.002
37. McNamara, T.K., Pitt-Catsouphes, M., Brown, M. & **Matz-Costa, C.** (2012). Access to and utilization of flexible work options. *Industrial Relations*, 51(4), 936-965. DOI: 10.1111/j.1468-232X.2012.00703.x
38. **Matz-Costa, C.**, Carapinha, R., & Pitt-Catsouphes, M. (2012). Putting age in context: Relational age and inclusion at the workplace. *Indian Journal of Gerontology*, 26(1), 50-74.
39. Valcour, M., Ollier-Malaterre, A., **Matz-Costa, C.**, Pitt-Catsouphes, M. & Brown, M. (2011). Influences on employee perceptions of organizational work-life support: Signals and resources. *Journal of Vocational Behavior*, 79, 588-595. DOI:10.1016/j.jvb.2011.02.002
40. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2009). Workplace flexibility as an organizational response to the aging of the workforce: A comparison of non-profit and for-profit organizations. *Journal of Social Service Research*, 36(1), 68-80.
41. Pitt-Catsouphes, M., Sano, J., & **Matz-Costa, C.** (2009). Unions' responsiveness to the aging of the workforce. *Journal of Workplace Behavioral Health*, 24(1), 125-146. DOI:10.1080/15555240902849065

43. Hill, E.J., Grzywacz, J.G., Allen, S., Blanchard, V.L., **Matz-Costa, C.**, Shulkin, S., & Pitt-Catsouphes, M. (2008). Defining and conceptualizing workplace flexibility. *Community, Work, & Family, 11*(2), 149-163. DOI:10.1080/13668800802021906
44. Pitt-Catsouphes, M., **Matz-Costa, C.**, & MacDermid, S. (2007). HRD responses to work-life stressors. *Advances in Developing Human Resources (ADHR), 9*(4), 527-543.
45. Pitt-Catsouphes, M., MacDermid, S., Schwarz, R., & **Matz, C.** (2006). Community contexts: The perspectives and adaptations of working parents. *American Behavioral Scientist, 49*(10), 1400-1421. DOI:10.1177/0002764206286562

### **Chapters in Edited Volumes**

1. **Matz, C.** & James, J.B. (in press). Aging, work, and retirement. In B. P. Yochim & E. L. Woodhead (Eds.), *Psychology of Aging: A Biopsychosocial Perspective, 2<sup>nd</sup> Ed.* Springer Publishing Company.
2. Gonzales, E., Morrow-Howell, N., Angel, J., Fredman, L., Marchiondo, L. A., Harootyan, R., Choi, J., Choudhury, N., Carolan, K., Lee, K., Tan, E., Yu, P., Shea, E., & **Matz, C.** (2023). Integrating AASW&SW's Grand Challenges of productive aging and health equity to guide efforts to improve the health of an aging population. In M. Teasley, M. Spencer & M. Bartholomew (Eds). *Racism and the Grand Challenges for the Social Work Profession.* New York, NY: Oxford University Press.

*Grand Challenges for Social Work and Society* (chapter 5). New York and Washington, DC: Oxford University Press/NASW Press.

8. **Matz-Costa, C.** & Lubben, J. E. (2018). Gerontological social work. In E.A. Capezuti, M.L. Malone, D.S. Gardner, A. Kahn, & S.L. Baumann (Eds.), *Encyclopedia of Eldercare: The Comprehensive Resource on Geriatric Health and Social Care* (4th Edition) (pp. 327-331). New York: Springer Publishing Company.
9. **Matz-Costa, C.** & Lubben, J. E. (2014). Gerontological social work. In E.A. Capezuti, M.L. Malone, P.R. Katz, & M.D. Mezey (Eds.), *Encyclopedia of Eldercare: The Comprehensive Resource on Geriatric Health and Social Care* (3rd Edition) (pp. 343-347). New York: Springer Publishing Company.
10. Pitt-Catsoupes, M., **Matz-Costa, C.**, & Besen, E. (2013). Linking age to the quality of employees' work experiences. In P. Taylor (Ed.), *Older workers in an ageing society: Critical topics in research and policy* (pp. 202-222). Cheltenham, UK: Edward Elgar Publishing.
11. Pitt-Catsoupes, M., **Matz-Costa, C.**, & Brown, M. (2011). The prism of age: Managing age diversity at the 21st century workplace. In S. Tyson & E. Parry (Eds.), *Managing an Age Diverse Workforce* (pp. 80-94). London: Palgrave Macmillan. . Bauresearch and pol-gingYork: .)

3. **Matz, C.** (2022).

12. James, J., Besen, E., **Matz-Costa, C.**, & Pitt-Catsouphes, M. (2010, February). *Engaged as we age: The end of retirement as we know it?* (Issue Brief 24). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from [http://www.bc.edu/content/dam/files/research\\_sites/agingandwork/pdf/publications/IB24\\_EngagedAsWeAge.pdf](http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/IB24_EngagedAsWeAge.pdf)
13. **Matz-Costa, C.**, Pitt-Catsouphes, M., Besen, E. & Lynch, K. (2009, June). *The difference a downturn can make: Assessing the early effects of the economic crisis on the employment experiences of workers* (Issue Brief 22). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from [http://www.bc.edu/content/dam/files/research\\_sites/agingandwork/pdf/publications/IB22\\_AgeGen\\_Downturn.pdf](http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/IB22_AgeGen_Downturn.pdf)
14. Pitt-Catsouphes, M. & **Matz-Costa, C.** (2009, April). *Engaging the 21st century multi-generational workforce: A study for the MetLife Mature Market Institute by the Sloan Center on Aging & Work at Boston College* (Issue Brief 20). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from [ch\\_sites/agingandwork/](http://www.bc.edu/content/dam/files/research_sites/agingandwork/)

*Workforce Development*. (Research Highlight 04). Chestnut Hill, MA: Center on Aging and Work/Workplace Flexibility at Boston College. Retrieved from [http://www.bc.edu/content/dam/files/research\\_sites/agingandwork/pdf/publications/RH04\\_NationalStudy.pdf](http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/RH04_NationalStudy.pdf)

**INVITED BLOGS, WEBINARS, PODCASTS, AND VIDEOS**

1. **Matz, C.** (2023, April 12). *The Road to a Productive and Meaningful Life in Later Adulthood*. Presentation to the Mature Worker Job-Coaching Program, Peninsula Family Services.
2. Barth, R.; Henwood, B.; **Matz, C.**; & Shanks, T. (2023, January 14). *Grand Challenges Framework for Creating Social Work Impact*. Society for Social Work Research Conference Roundtable. Phoenix, Arizona.
3. **Matz, C.**

9. **Matz, C.** (2020, July 28). Equity/Racial and Ethnic Disparities in Nursing Homes: A Focus on Social Determinants and the Role of Social Work. *The COVID-19 Rapid Response Network for Nursing Homes, Institute for Healthcare Improvement.*
10. James, J. and **Matz, C.** (2019, September). Grand Challenges for Social Work and Society: Interview on Advancing Long and Productive Lives. *Boston College Faculty Publications Highlights.* Boston College Libraries. <https://youtu.be/Ebw6Vm-AGvw>
11. **Matz, C.** & Halvorsen, C., Guydan, D. & Lucas,S. (2019, November). Engagement and Entrepreneurship Research from the Center on Aging & Work. *Encore.org Webinar.*
12. **Matz, C.** (2019, Feb 12). Engaged Aging. *Healthy U Radio Show, Hosts: Drs. Randy and Heliene Tobler, broadcast on KMEM FM 100.5.* Memphis, MO
13. **Matz, C.** (2019, June 19). Christina Matz, Advocate for Engaged Aging (interview). *Hélène Stelian Coaching, Empowering Midlife Women.* Retrieved from <https://helenetstelian.com/christina-matz-advocate-for-engaged-aging/#>
14. Christina, N. & **Matz-Costa, C.** (2018, July 1). Christina Matz-Costa, PhD -- Expert on what keeps us well as we age (Podcast). *Zestful Aging Podcast.* Retrieved from <https://zestfulaging.cast.rocks/?ep=GJDD1F2W-H1TT9>
15. **Matz-Costa, C.** (2016, May 20). Retirement security: It's not just about the money (Blog). *AGEnda: Aging & Work Blog.* Retrieved from <http://agingandwork.bc.edu/blog/>
16. **Matz-Costa, C.** with Berkman, L., Whitman, D., Grodstein, F., & Arnold, C. (2016, February 11). The aging workforce: Challenges and benefits for the public's health (Live Webcast). *The Forum at the Harvard T.H. Chan School of Public Health.* Retrieved from <https://theforum.sph.harvard.edu/events/the-aging-workforce/> [1,900+ views]
17. **Matz-Costa, C.** (2015, July 2). Building a meaningful activity portfolio in later life. *AGEnda: Aging & Work Blog.* Retrieved from <http://agingandwork.bc.edu/blog/> [link was tweeted or retweeted to reach over 60,000 followers]
18. **Matz-Costa, C.** (2014). BC Talks Aging Video Module II: Social and productive engagement, Engaged as We Age (Video). *Institute on Aging and the Hartford Center for Excellence in Geriatric Social Work.* Retrieved from [https://youtu.be/s\\_T88JZCqsU](https://youtu.be/s_T88JZCqsU) [1,130+ views]
19. **Matz-Costa, C.** (2012, July 25). The ideal worker vs. the older worker: The cost of unrealistic expectations. *AGEnda: Aging & Work Blog.* Retrieved from <http://agingandwork.bc.edu/blog/>



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8. Jason, Z. (2019, February). A Conversation with Christina Matz. *Boston College School of Social Work*. Retrieved from <https://www.bc.edu/bc-web/schools/ssw/bcssw-news/2019/conversation-with-christina-matz.html>
9. Mass Nonprofit News. (2019, May 28). Organizational success tied to effective volunteer management. Author. Retrieved from <http://www.massnonprofit.org/news.php?artid=5717&catid=13>
10. Nicholson, R. (2018, November 5). Lonely hearts, helping hands: Easing loneliness for recent widows with volunteering. *Mather Lecture in Intergenerational Learning*.

18. Nicholson, R. (2014, July 2). How levels of engagement in work, volunteering & caregiving affect well-being.

Research Methods for Social Work Practice (SCWK7747), *Boston College School of Social Work* [Master's level], Summer 2013, 2014, Fall 2014, Fall 2015, Fall 2016, Fall 2017, Fall 2018, Fall 2019, Fall 2020, Fall 2022, Fall 2023

Practice with Older Adults in Home and Community Settings (SCWK8824), *Boston College School of Social Work* [Master's level], Spring 2013, 2014, Summer 2014, Spring 2016, Spring 2017, Spring 2018, Spring 2019, Spring 2020, Spring 2021, Spring 2022

Planning for Health and Mental Health Services (SCWK8897), *Boston College School of Social Work* [Master's level], Spring 2012, Fall 2012

Program Evaluation (SCWK8841) (Co-Taught), *Boston College School of Social Work* [Master's level], Fall 2006

### **Teaching Assistantships**

Introduction to Psychology, Professor: Susan Whitbourne, Ph.D., *University of Massachusetts Amherst, Department of Psychology* [Undergraduate level], Fall 1998, 1999

### **Guest Lectures**

Doctoral Teaching Seminar, Lecture Topic: Navigating the Academic Job Market, Professor: Sandee Tisdale, Ph.D., *Boston College School of Social Work*, [Doctoral level], Spring 2019

Dialectics of Social and Behavioral Theory, Lecture Topic: Aging: Perspectives from Behavioral and Social Sciences.,



Ricardo Suarez Rojas, *Boston College School of Social Work* (Fall 2022, Spring



Social Science & Medicine  
Gerontology & Geriatrics Education  
PLOS ONE  
Journal of Gerontological Social Work  
Journal of Applied Gerontology  
Measurement and Evaluation in Counseling and Development.  
The Journals of Gerontology: Social Sciences  
Psychological Reports  
Community, Work, and Family  
Social Indicators Research  
BMC Research Notes  
Psychology, Health & Medicine  
Research on Aging  
The Gerontologist  
Ageing & Society  
Psychologist-Manager Journal

**Abstract Reviewer**

Gerontological Society of America  
Society for Industrial/Organizational Psychology (SIOP)

**Professional Affiliations**



Invite talk: *Shifting the Narrative on Aging and Work in a Post-Covid World*. Boston College Beyond Lifelong Learning - Fall Lecture Series. (2022, December 14).

Invited talk: Why Our Changing Workplace must be an Age-Inclusive One. BC Employee Development Webinar (2022, April 6).

Invited Talk (Ludlow, L.H., Braun, H., O’Keefe, T., Howell, B., Anghel, E., Szenday, O. & Matz-Costa, C.), University Council on Learning Outcomes, Student Formation Subcommittee (2019, May 8). [talk entitled: The Boston College Living a Life of Meaning and Purpose (BC-LAMP) Portfolio].

Invited Speaker, *Boston College Association for Retired Faculty* (2019, March 21) [talk entitled: Staying Engaged: Research at the Intersection of Aging, Work, and Health]

Equity, Justice & Inclusion Committee, Curriculum Subcommittee Member, *Boston College School of Social Work* (2019-present)

Executive Board Committee, *Boston College School of Social Work* (2018-2020)  
Chair, Older Adults and Families Department, *Boston College School of Social Work* (2018-present)

Chair, Hartford Partnership Program for Aging Education (HPPAE), *Boston College School of Social Work* (2018-present)

Differences, Disparities, and Systems of Oppression Working Group Member, *Boston College School of Social Work* (2018-2019)

Search Committee, *Boston College School of Social Work* (2017-2021)

Innovations in Research Advisory Group, *Boston College School of Social Work* (2017-present)

Co-convener (with M. Lombe and S. Pandey),

Networking Group, & Boston College. With Dickson, D. & Sowsy, K. (2022, April).

Convener, Webinar: Meaning and Purpose in Later Life: How Age, Race and Other Factors Shape Our Options for Work, Learning, and Civic Engagement, Sponsored by the *Future of Aging Coalition* (2020, November 12).

<https://conta.cc/2VQjRFc>

Consultant for the Massachusetts Volunteer Sector Survey, a statewide survey of nonprofit organizations and their volunteer labor force, Massachusetts Service Alliance (2018-present)

Incorporator and Member of the Board of Directors, Encore Boston Network (2014-present)

Member of the Planning Committee, First annual Encore Expo 2015, hosted at Boston College (sponsored by Boston College Institute on Aging, Hartford Center of Excellence in Geriatric Social Work, and AARP MA)

- o Over 200 local older adults and 30 exhibitors attended

Leader of a needs assessment of Boston area nonprofit leaders' talent needs, Encore Boston Network (in collaboration with the BCSSW field placement office and the Hartford Center for Excellence at BC)

Program Evaluator, ReServe Boston (2013-2015)

Steering Committee, Encore Boston Network (2011-2014)

Peer Mentor, University of Massachusetts Amherst, Honors Program (1998)

### **Invited Community Talks**

Presentation to the Mature Worker Job-Coaching Program, Peninsula Family Services. The Road to a Productive and Meaningful Life in Later Adulthood. (2022, October 12).

Points of Light, Service Enterprise Leadership Hub meeting, virtual (2021, July 14). *Topic: Surveying the Sector: Producing Data to Support the Value Volunteers.*

Lasell University, Talk of Ages (speaker series), virtual (2020, November). *Topic: When Age and Marginalized Identities Intersect: Appreciating the Complexity of Lived Experiences.*

Massachusetts Conference on Volunteerism, sponsored by the Mass Service Alliance, DCU Center, Worcester, MA (2019, May 7). *Topic: Reveal of the Massachusetts Volunteer Sector Survey Results.*

Brandeis Osher Lifelong Learning Institute (BOLLI) conference, Adventures in Creative Retirement: Health, Housing and Community, Waltham, MA (2017, September 9). *Topic: A Volunteer Career: Giving Back and Getting Even More Ethos' Civic Participation and Employment Fair (Keynote), Jamaica Plain, MA*

(2017, March 26). *Topic: Redefining Aging: What is Engaged Aging and Why is it*

(2017, Ma3 it i meeting, virtual (2021, J12 1ej/TT11 1 Tf.4583 0 TDkson, .1(2 0 0 12 126 159.04. Tc-

Special Libraries Association's Encore Caucus, Boston, MA (2015, June). *Topic: Staying engaged and healthy in the third age*

Massachusetts Gerontological Association Conference: 2015 White House Conference on Aging, UMass Boston, Boston, MA. (2015, May 1). *Topic: Productive and healthy aging*

University of Connecticut Center on Aging Grand Rounds, Farmington, Connecticut, (2015, April 20). *Topic: Productive and healthy aging*

### **CHAired SYMPOSIA AND WORKSHOPS**

1. **Matz-Costa, C.** & Halvorsen, C. (chair). (2023, November). Precarity and Work in Later Life: Experiences of Older Workers in Uncertain Times. Symposium presented at the Gerontological Society of America's (GSA) Annual Conference.
2. Barth, R.; Henwood, B.; **Matz, C.**; & Shanks, T. (2023, January 14). *Grand Challenges Framework for Creating Social Work Impact*. Society for Social Work Research Conference Roundtable. Phoenix, Arizona.
3. **Matz-Costa, C.** & Halvorsen, C. (chair). (2021, November). Injustice Squared? An Intersectional Lens to Research on Productive Engagement in Later Life. Symposium presented at the Gerontological Society of America's (GSA) Annual Conference, virtual.
4. **Matz-Costa, C.** & Halvorsen, C. (chair). (2019, January). *Best laid plans: Planned and unplanned pathways into retirement*. Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, San Francisco, CA.
5. **Matz-Costa, C.** (chair). (2018, November). *Social engagement strategies for increasing the health and well-being of diverse older adults*. Symposium presented at the Gerontological Society of America's (GSA) Annual Conference, Boston, MA.
6. **Matz-Costa, C.** (chair). (2017, October). *Equipping social workers to promote a social development response to population aging*. Grand Challenges Teaching Institute presented at the Council for Social Work Education's (CSWE) Annual Conference, Dallas, TX.
7. **Matz-Costa, C.** (chair). (2017, January). *Engagement in paid and unpaid work in later life: From conceptualization to intervention and the role of social work*. Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, New Orleans, LA.
8. James, J., Pitt-Catsoupes, M. & **Matz-Costa, C.** (co-facilitators) (2016, November). *Change in the meaning and experience of work in later life*. A Pre-Conference Workshop presented at the Gerontological Society of America's (GSA) Annual Conference, Washington, DC.

9. Matz-Costa, C.(chair). (2015, November 21)Physical, cognitive, emotional, and social wellbeing at older ages: The roles of work and retirement Symposium presented at the 2015 Gerontological Society of America's Annual Conference, Orlando, FL.
10. Matz-Costa, C.(chair). (2014, November 5)The use of daily life methods in aging research: Insights from four studies Symposium presented at the 2014 Gerontological Society of America's Annual Conference, Washington, DC.
11. Matz-Costa, C.(chair). (2012, November 16)Productive activities Competing and complementary roles Symposium presented at the 2012 Gerontological Society of America's Annual Conference, San Diego, CA.

#### INVITED ACADEMIC PRESENTATIONS

1. Matz, C. (2022, November 2). Challenge: Attention to Carework. In Reimagining 'Productive Aging' for a Post-COVID World: Critical Reflections and New Directions. Gerontological Society of America Conference. Indianapolis, IN.
2. Matz, C. & Hacker, L. (2021, September 25) Surveying the Sector: Producing Data to Support the Value Volunteers Points of Light Annual Conference, virtual.
3. Matz-Costa, C. & Calvo, R. (2018, November) The aging blue-collar worker: Exploring issues in crafting a meaningful later life An invited presentation at the Pre-Conference Workshop of the Sloan Research Network on Aging & Work (Research that Matters: Overcoming the Constraints of Later Life Work) at the Gerontological Society of America's (GSA) Annual Conference, Boston, MA.
4. Matz-Costa, C., Howard, E., Sceppa, C., & Lachman, M. (2017, June) Peer-based strategies to support physical activity interventions for older adults: Lessons learned from the Boston Roybal Center An invited presentation at the Boston Roybal Center

- Theory*. An invited presentation at the Queensland University of Technology, Brisbane, Australia.
8. Ludlow, L.H., **Matz-Costa, C.**, & Klein, K. (2016, March 4). *The measurement of engagement in later life: Integrating Rasch measurement and Guttman Facet Theory*. An invited presentation at the Monash University, Melbourne, Australia.
  9. Morrow-Howell, N., **Matz-Costa, C.**, Greenfield, E., Gonzales, E., Butts, D., & Harootyan, B. (2016, January). *Grand challenge: Advance long and productive lives*. An invited symposium at the 2016 Society for Social Work Research (SSWR) Conference, Washington, DC.
  10. Lubben, J., Gironda, M., Sabbath, E., Kong, J., Johnson, C., Nadal, C. & **Matz-Costa, C.** (2016, January). *Eradicating social isolation: A grand challenge for social work*. An invited symposium at the 2016 Society for Social Work Research (SSWR) Conference, Washington, DC.
  11. **Matz-Costa, C.** & Sabbath, E. (2015, November). Engagement in paid and unpaid work in later life: A holistic, multilevel conceptual framework. Invited presentation in J. James (chair), *Change in the Meaning and Experience of Work in Later Life*, preconference workshop at the 2015 Gerontological Society of America Conference, Orlando, FL.
  12. Ludlow, L.H. & **Matz-Costa, C.** (2014, October 14). *Scenario-based scales: Integrating Guttman Facet Theory and Rasch measurement*. Invited presentation at the Institute Of Education, Higher School of Economics, Moscow, Russia.
  13. James, J., **Matz-Costa, C.**, Ludlow, L., Brown, M., Besen, E., Johnson, C. (2013, April). *Beyond the 'busy ethic': The meaning and measurement of engagement in later life*. Invited address to the Gerontology Department, University of Massachusetts, Boston, MA.
  14. Ludlow, L., **Matz-Costa, C.**, Johnson, C., Brown, M., James, J., & Besen, E. (2013, February 4). *The measurement of engagement in later life: Multiple contexts, multiple approaches*. An invited presentation to the School of Counselling, Human Services and Social Work, Faculty of Education, University of Auckland, Auckland, New Zealand.
  15. **Matz-Costa, C.** (2012, June 14). *Funded Research Opportunities: A presentation to the Work and Family Researchers Network's (WFRN) Early Career Scholars*. An invited presentation at the Work and Family Researchers Network (WFRN) Conference, New York, NY.
  16. **Matz-Costa, C.** (2010, March). *From the Sloan Center on Aging & Work: Engaging the 21st century multigenerational workforce*. An invited presentation at The 2010 Work Life Conference, Washington, DC.

17. **Matz-Costa, C.** & Lynch, K. (2009, January 14). *Quality employment for the 21st century multi-generational workforce: Findings from the Age & Generations Study*. A web seminar hosted by the Sloan Center on Aging & Work for its Employer Affiliates.
18. Pitt-Catsouphes, M., **Matz-Costa, C.**, Lynch, K., & Besen, E. (2009, December 16). *Quality of employment: A framework for workforce management across the lifespan, findings from the Age & Generations Study*. A web seminar hosted by the Sloan Center on Aging & Work for employers.
19. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2008, December 3). *Engaging the 21st century multi-generational workforce: Findings from the Age & Generations Study*. A Research Community Meeting Hosted by the Sloan Center on Aging & Work.
20. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2008, October 29). *For-profits and non-profits: Ready for the aging of the workforce?* A webinar sponsored by the National Governor's Association and the National Council on Aging.
21. **Matz-Costa, C.**, Valcour, M., Celello, K., Romich, J

3. Lai, P., Halvorsen, C., & Matz, C. (2021, November). The relationship between occupation types, education, and volunteer behaviors among older Americans. Poster presented at the Gerontological Society of America's (GSA) Annual Conference, virtual, <https://doi.org/10.1093/geroni/igab046.2587>





19. **Matz-Costa, C.**, James, J. & Besen, E. (2013, January 19). *Quality of engagement in work, volunteering, and caregiving in later life and its relationship to well-being*. Paper presented at the 2013 Society for Social Work Research (SSWR) Conference, San Diego, CA.
20. **Matz-Costa, C.**, James, J. & Besen, E. (2012, November 16). *Quantity, quality, or nature of productive activity in later life? Effects on subjective well-being*. Paper presented in **C. Matz-Costa** (chair), Productive Activities: Competing and Complementary Roles. Symposium presented at the 2012 Gerontological Society of America's Annual Conference, San Diego, CA.
21. **Matz-Costa, C.**, Sweet, S., Sarkisian, N., & Pitt-Catsoupes, M. (2011, November).

27. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2009, November 19). *Productive aging at work: Understanding factors that promote or impede engagement in work roles.* Paper presented at the 2009 Gerontological Society of America's Annual Conference, Atlanta, GA.
28. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2009, April 2-4). *Age, flexibility, and engagement in the new millennium.* Paper presented in S. Katzman (chair), Multiple paths in driving engagement through work-life flexibility. Symposium conducted at the annual meeting of the Society of Industrial and Organizational Psychology, New Orleans, LA.
29. **Matz-Costa, C.,** Pitt-Catsouphes, M., & Besen, E. (2008, November 23). *Needs and preferences for workplace flexibility: Age differences and similarities.* Paper presented in M. Pitt-Catsouphes & M. Smyer (co-chairs), Quality Employment for Older Workers: Lessons on Resilience from the Age & Generation Study. Symposium presented at the 2008 Gerontological Society of America's Annual Conference, National Harbor, MD.
30. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2008, March 7). *The multi-generational workforce: Workplace flexibility and engagement.* Paper presented in J. Civian (chair), Opening Corporate File Drawers to Examine Workplace Flexibility. Symposium presented at the International Conference on Occupational Stress and Health, Sponsored by APA and NIOSH, Washington, DC.

### **OTHER PROFESSIONAL EXPERIENCE**

- 2002-2007     **Sloan Work and Family Research Network, Chestnut Hill, MA**  
*Program Manager*, June 2003 – June 2007  
*Graduate Student Intern*, May 2002 – May 2003
- 2002            **Boston College Graduate School of Social Work, Chestnut Hill, MA**  
*Graduate Student Intern*, February 2002 – May 2002  
**The Nurturing Families Study**, Funded by the Alfred P. Sloan Foundation
- 2000-2001     **Brown University, Department of Psychiatry and Human Behavior, Providence, RI**  
*Research Assistant*, Primary Care Anxiety Project, Funded by Pfizer Company
- 1999-2000     **University of Massachusetts Amherst, Department of Psychology, Amherst, MA**  
*Research Assistant*, Work and Family Transitions Project, Funded by the National Institute of Mental Health

### **RESEARCH AND STATISTICS WORKSHOPS**

- 2013, June **Center for Research on Families' Summer Research Methodology Workshop at the University of Massachusetts, Amherst, MA**  
*Analyzing Intensive Longitudinal Data*
- 2012, Nov **Gerontological Society of America's Pre-Conference Workshop, San Diego, CA**  
*Introduction to the Health and Retirement Study: Going Global*
- 2011, Nov **Grant Training Center, Hartford, CT**  
*Professional Grant Development Workshop*
- 2010, Nov **Gerontological Society of America's Pre-Conference Workshop, New Orleans, LA**  
*Using Film and Digital Media in Aging Research*
- 2010, Jan **Society for Social Work Research's Pre-Conference Workshop, San Francisco, CA**  
*Social Network Analysis*
- 2009, Nov **Resource Centers for Minority Aging Research and Gerontological Society of America's Pre-Conference Workshop, Atlanta, GA**  
*Using, Adapting and Modifying Existing Measures for Studies of Diverse Population Groups*
- 2007, Feb **Institute for Communication Improvement: The Grant Institute, Boston, MA**  
*Grants 101: Professional Grant Proposal Writing Workshop*
- 2003, Nov **SdG Associates Research and Training Consultants, Boston, MA**  
*Introduction to N6 Workshop* (Qualitative data analysis software)