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Theoretical Perspectives on Stress and Coping

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Table 4. Correlation among main study variables

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|--------------|------|-------|------|------|------|------|------|------|------|------|------|
| 1. Awar | 1.00 | | | | | | | | | | |
| 2. Gender | -.11 | 1.00 | | | | | | | | | |
| 3. Koro | .09 | -.09 | 1.00 | | | | | | | | |
| 4. Rape | .03 | .45 | .14 | 1.00 | | | | | | | |
| 5. Death | -.03 | .06 | .05 | .10 | 1.00 | | | | | | |
| 6. Avoidance | .11 | -.12 | -.02 | -.01 | .01 | 1.00 | | | | | |
| 7. Approach | .06 | -.09 | -.09 | -.10 | -.14 | -.22 | 1.00 | | | | |
| 8. ITR | -.05 | .0001 | .16 | .04 | .18 | -.01 | -.36 | 1.00 | | | |
| 9. ETR | -.01 | -.07 | .21 | -.04 | .01 | -.10 | -.03 | .40 | 1.00 | | |
| 10. AAT | .15 | -.22 | -.08 | -.11 | .007 | .34 | -.15 | .07 | -.09 | 1.00 | |
| 11. PTSD | -.01 | .03 | .24 | .07 | .18 | .06 | -.41 | .61 | .25 | .01 | 1.00 |

1.61, $p = .04$), and approach coping (b = 1.30, $p = .08$).

Gender, age, and mental health. The effect of age on PTSD symptoms was not significant ($b = 0.02$, $p = .88$). Gender was a significant predictor of PTSD symptoms ($b = 2.07$, $p = .03$). Rape, death, and PTSD symptoms were significant predictors of PTSD symptoms ($b = 2.07$, $p = .03$). Rape, death, and PTSD symptoms were significant predictors of PTSD symptoms ($b = 2.07$, $p = .03$).

Coping and mental health. Avoidance coping was a significant predictor of PTSD symptoms ($b = 0.28$, $p = .006$).

approach coping (b = 0.73, $p < .001$). It also predicted PTSD symptoms (b = 0.20, $p = .06$), and PTSD symptoms (b = 0.20, $p = .08$). Avoidance coping was a significant predictor of PTSD symptoms (b = 1.47, $p < .001$), and PTSD symptoms (b = 0.75, $p = .005$), and PTSD symptoms (b = 2.01, $p < .001$).

Mediation through approach and avoidance coping

The effect of PTSD symptoms on PTSD symptoms was not significant (Tab 6). PTSD symptoms were significant predictors of PTSD symptoms (Tab 6).

Table 5. Estimated regression models predicting Wave 3 mental health outcomes from baseline war exposures, gender, age, and coping with autoregressive controls

| | ITR B (SE) | ETR B (SE) | AAT/Proca B (SE) | PTSD B (SE) |
|-------------|-----------------|---------------|---------------------|-----------------|
| Koro | 1.41* (0.69) | 1.60** (0.53) | -1.45 (0.78) | 3.17*** (0.82) |
| War | -0.72 (1.06) | -0.51 (0.74) | -0.24 (1.03) | -0.36 (1.16) |
| Par | 1.30 (0.73) | 0.13 (0.54) | 0.86 (0.71) | 1.61* (0.75) |
| Fa | -1.05 (0.89) | -0.45 (0.64) | -2.07* (0.87) | 0.02 (0.90) |
| A at T 3 | -0.11 (0.09) | 0.01 (0.07) | 0.28** (0.10) | -0.03 (0.10) |
| ITR at T 1 | 0.10 (0.06) | 0.03 (0.03) | 0.05 (0.06) | 0.08 (0.06) |
| ETR at T 1 | -0.02 (0.09) | 0.09 (0.06) | -0.13 (0.10) | -0.01 (0.10) |
| ETR at T 2 | 0.00 (0.09) | 0.07 (0.06) | 0.04 (0.09) | 0.02 (0.10) |
| AAT at T 1 | -0.09 (0.05) | 0.07 (0.04) | 0.08 (0.06) | 0.02 (0.06) |
| AAT at T 2 | 0.05 (0.05) | -0.04 (0.03) | 0.11* (0.05) | -0.02 (0.06) |
| PTSD at T 2 | -0.07 (0.89) | -0.01 (0.04) | 0.07 (0.06) | -0.10 (0.08) |
| Avoidance | -0.20 (0.11) | -0.20 (0.10) | 0.73*** (0.13) | -0.05 (0.14) |
| Approach | -1.47*** (0.23) | -0.12 (0.18) | -0.75** (0.26) | -2.01*** (0.25) |

Note: Coefficient, standard error for each predictor; SE, standard error for each predictor; $p \leq .1$. * $p \leq .05$. ** $p \leq .01$. *** $p \leq .001$.

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Study strengths and limitations

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References

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